



*Presents*

## *Wildlife Safari*

### *Tanzania Safari Tours & Packages:*

Tanzania is a country of legends, of Great White Hunters and the intrepid explorers of the past. Tanzania, the largest country in East Africa, offers possibly the **ultimate exotic adventure**, in a spectacular world. Legendary names, Serengeti, Kilimanjaro and Ngorongoro reach into the ancient memory, instilling awe.

Tanzania's extensive networks of National Parks are working to protect and conserve an area that affords one of the **highest concentrations of wildlife** in the world where literally millions of animals eternally roam in search of grassland. This safari makes the most of varied programmed in Northern Tanzania in a trip which offers the full flavor of the sights and experiences and obviates any backtracking. See and feel the real Africa. Enjoy privacy and freedom in an area with abundant wildlife.

### *Tanzania Activities*

Tanzania safari activities include a trek to the top of Mt Kilimanjaro, hot-air ballooning over the Serengeti, swimming with Dolphins off the island of Zanzibar and snorkeling and scuba diving around the coral reefs of nearby Pemba and Mafia.

*At MEM Tours and Safaris we are passionate about sharing the land we know and love... let us guides you to this African treasure.*

### *Top 5 things to do and places to see*

- Migrations in the Serengeti
- Unique eco system of the Ngorongoro Crater
- Olduvai Gorge
- Mount Kilimanjaro
- Spice islands and Zanzibar

MEM Tours and Safaris will ensure that your Tanzanian Safari holiday plans are taken care of to ensure your peace of mind.

## *Safari Crater Highland 13 Days Package*

### *Arrival:*

#### *Day 1 Arrival in Tanzania*

Arrive at Kilimanjaro International Airport on date ..... Bus # ..... Arrive at ..... am/pm you will be picked up with our representative from Kilimanjaro International Airport to Aishi Protea in Machame village where you will spend a night before safari begins on the next day. You will have the opportunity to go over any last minute questions. At this point you will also have the chance to leave a bag behind with anything you don't need on this Safari. Your left-behind gear will be secured at the storage room and will meet you as soon as you back from the trip. Stay overnight at Aishi Protea Hotel B&B

### *Wildlife Safari*

#### *Day 2: Arusha to Serengeti – Serengeti N.P*

Flight from Arusha Airstrip to Seronera Departure at 08:00am arrive in Serengeti at 10:30am

Hot Lunch at the Lodge and Sunset tour

Drive time include stop at Oldupai George 4 hrs, Enroute game view 4 hrs

- Early morning breakfast in Arusha then at 0700hrs drive to Arusha Air strip for early flight to the Great Serengeti National Park with lunch and game drives enroute. Afternoon game drives in the park a home to lion, leopard, Elephant, Cheetah, Buffalo, Zebra, Wildebeest, Eland, Wild dog, Gazelles, Crocs and more. Lot of birds includes the Eurasia migrants. Dinner and overnight in lodge, (B, L, D)

#### *Day 3: Full Day in Serengeti N.P*

*Full day game view in Serengeti plains*

*Estimated game drive hrs 3hrs – Morning game view 3 hrs -afternoon game view 3 hrs- Sunset game views*

- Breakfast then follows morning and afternoon game drives in the park. In the afternoon continue with game viewing to the North East of the park this is LOBO area where the main path of the Serengeti Wildebeest migration has passed. (During the migration movement between Masai Mara to Serengeti: - This happen on October to December and then on April to June each year) Wildebeest are constantly on the move, always striving for the side with the greener grass. As the sea of grass provides little cover and young are easy pickings, wildebeest have evolved synchronized birthing: About 90 per cent of calves are born within a three week period. Predators cannot make much of a dent in the population of newborns with such a sudden glut of food. Wildebeest young can run minutes after they are born. Within three days, calves are strong enough to keep up with the herd.

Plains zebra and wildebeest often intermingle. They are complementary grazers, preferring different parts of the same grass. Zebra, with their superior vision and hearing, serve as an early warning system for the wildebeest. Given the choice, predators prefer wildebeest meat to zebra. So zebra are happy to offer the carnivores that choice. Zebra in the greatest numbers and they became one of my favorite animals. You will find the middle of an ocean of zebra stretching to the horizon a restful place to be. Dinner and overnight in Lodge, (B, L, D)

#### *Day 5: Serengeti – Ngorongoro Crater Rim*

*Seronera to Ngorongoro 145 Km*

*Time: 2 hrs*

*estimated game view in Serengeti 5 hrs*

- Wake up at 0600hrs for early morning game drives in Serengeti at 0845hrs back to the lodge/ Camp for breakfast. Then check out and drive with lunch and game viewing enroute to Ngorongoro Crater Rim for dinner and overnight in lodge, (B, L, D)

## *Safari Crater Highland 13 Days Package*

### *Day 6: Crater tour – Nainokanoka*

#### *Drive time: 2 hrs and game drive on this day: 4 – 6 Hrs*

- Wake up early morning for breakfast then at 0600hrs descends into the Crater floor for game drives. All the BIG FIVE Rhino, Lion, Leopard, Buffalo and Elephant live in this wonderful caldera, others are Zebra, Hippo, Wildebeest, Hyena and more...Birds includes flamingos on the Soda lake, Geese, Storks, Vultures and more...Your lunch will be served in the picnic site in the Crater at Ngoitoktok swamp a Hippo pool. After lunch proceed with game viewing while ascending the Crater and drive to Nainokanoka for dinner and overnight in Special Campsite. (B, L, D)

### *Day 7: Ngorongoro Crater to Olmoti*

Drive to the Ngorongoro Crater and descend into the Crater for a second game drive. Then exit the Crater and drive to Nainokanoka. Take an afternoon trek at Olmoti, which takes you through the rain-forested slopes of Olmoti Crater to the rim viewpoint. The trek winds down to the grassy plains of the crater floor and to Mungwe Falls, named after the distinctive white flourish of the Colobus Monkey tail

### *Day 8: Olmoti Crater to Empakai*

The trek continues to the distant Empakai Crater. On this day the trek covers open grassland through a natural amphitheatre created by encircling volcanoes. Masai rush out of their traditional homes (Manyattas) to greet trekkers as they pass by. The steep walk up Empakai affords awe-inspiring views, especially from the top where the sheer sided sunken crater can be seen. We camp on the Crater Rim, with Empakai on one side and Ol Donyo Lengai, the holy Masai volcano, on the other.

### *Day 9: Empakai to Nayobi*

From the overnight camp, we scramble down the sheer-sided slopes of Empakai onto the crater floor for a foot safari. Empakai Crater is a sunken volcano with a soda lake covering most of the crater floor. Flamingos nest here during the day to escape the blazing heat of the Rift Valley. A large forest on the western shore is home to antelope, buffalo, leopard and lion, with large seasonal zebra and wildebeest populations when they pass through on their migratory circuits.

### *Day 10: Nayobi to Ngaresero*

The Masai Mountain of God, Ol Donyo Lengai looms out of the sunrise as we head out early to avoid the African heat. We arrive at the escarpment, the sheer wall that looms out of the Rift Valley floor, to admire one of the finest views in Africa. Sweeping vistas of the Rift Valley 1500ft below, and the scattered active volcanoes, primitive rock formations, glimmering soda lakes and clustered Masai bomas are all in front of you to behold.

The final six kilometers are across the tough uncompromising terrain of the valley floor in extreme heat. Our shaded camp is perched above a refreshing stream, a half-hours walk from a paradisiacal waterfall.

### *Day 11: Ngaresero*

Very early morning an optional climb of Ol Donyo Lengai (2878m), an active carbonate volcano with spiritual significance to the Masai. (Please see below)

A visit to Lake Natron (short afternoon visit if Ol Donyo Lengai trek is taken), one of the soda alkaline lakes that jewel the East African Rift, where there is an array of water birds including hordes of resident flamingos. There is also the opportunity to walk up a gorge carved into the Rift Escarpment to a waterfall to wash off five days of dust.

### *Oldonyo Lengai - A Climb into the Mouth of God*

The Masai call it "the mouth of god", for not only do they believe their ancestors descended from it; they believe God lives atop it. It rises sharply and proudly out of the Great Rift Valley with jagged edges and carved angular slopes...as regal as is ominous, as beautiful as is rare...we call it Lengai. "Lengai" [pronounced: lang - eye] rolls trippingly off the tongue conjuring images of mythical lands. It is, in actuality, an active volcano; the only active sodium carbonate volcano in the world.

### *Lake Natron*

## *Safari Crater Highland 13 Days Package*

Lengai is situated in one of the most spectacular and underrated areas of Tanzania. Lake Natron is a natural alkaline soda lake that, from a distance, looks like a great, expansive puddle that covers the valley floor and glistens in the sunlight. The environment, however, is hostile; temperatures of the mud can reach up to 50 degrees Celsius and the alkaline level can reach a pH of 9-10.5! Natron's edges are dotted in a pink tinge created by the thousands of flamingos that migrate there. They are some of the only creatures who can thrive in these conditions, the caustic environment actually acting as a barrier against predators. The fringe of the valley is composed of emerald green hills and mountains that create scenery unrivaled anywhere else in the world. Among this naturally pristine spectacle sits Lengai.

### *Waterfall (Kamakai) Campsite*

We arrived at the riverside base camp dusty from the hours of rambunctious off-roading. The site was minimalist and cozy, complimented by the grandiose of the looming mountain that overlooked us. A few meters walk from where we set up our tents was a small river winding its way out of the ravine. We were told it lead to waterfalls, so we decided to take the short hike. After about 30 minutes of trekking in and out of water along the rocky ledge we reached the fall situated between two cliffs blanketed in moss and flora. The noon sun made rainbows in the mist of the fall and we all swam in and out of it and basked on the shore rocks like sirens as we lazily ate our lunch. The scene was something of enchantment.

### *The Climb*

The hike began at midnight. As our vehicle clamored along the road to her base we could just make out a faint tableau in the moonlight. We began trekking and immediately the effects of the 45 degree slope were felt. We laboriously climbed higher through aromatic fields of mountain heather, dense grasses, rocky crevasses, and burned bush, resting temporarily to break our sweats and cool off. As soon as we stopped moving, however, the chilled howling wind would penetrate our layers and force us on our way where we would begin to sweat again. It was virtually impossible to find a level of temperate comfort between the cold wind and the body heat generated by the climb.

As we neared the top the landscape changed from difficult to hostile, the earth covered in jagged rocks and loose volcanic debris. The slope continued to get steeper still and parts of the climb were done on all fours. Moments when one had to brace themselves against a fall were often thwarted by a giant blast of air that wailed down the incline like a banshee.

From the distance, Lengai looks like her peak is exactly that, a peak. In reality, however, her ashen and barren cavern is vast and plain-like. The peak resembles the surface of the moon, its lunar landscape covered in a white, molten crust with individual peaks (formed by mini-eruptions) that jut out in sharp, sporadic disarray. As you wander its vastness you feel a sense of tremendous accomplishment. In certain areas, your feet crack through the crust setting free sulfurous smoke that rises out of the footprint as a reminder of the natural supremacy of where you are.

The wind is a constant howling force at this elevation and a trip to the edge offers a spectacular view: a sweeping panoramic of the entire region. The sloping rift slips effortlessly into the valley and from this vantage point looks like a massive green velvet curtain that ripples to the floor. Clouds fly past your face and fall down the side of the mountain with no hesitation like they've been poured out of a carton. Summiting Lengai is one of those experiences that remind an individual that we are just specks on a landscape and a part of something much bigger and powerful than ourselves.

## ***Gear List for Walking***

EQUIPMENT: AOE provides three-person tents that are shared by just two people allowing plenty of room for your gear.

The equipment you need to bring is:

- day pack (used for carrying water, extra clothing, etc.) or
- back pack (if you prefer to carry your own personal gear)
- sleeping bag/stuff sack
- sleeping pad
- duffel bag w/ lock (for storing extra gear while on trek)
- large plastic bags (sleeping bag will be bagged for protection from potential rain)
  
- cap or hat (for shade)
- polypro cap (if visiting Ngorongoro Crater Highlands)
- polypro or wool tops (if visiting Ngorongoro Crater Highlands)
- rain parka (waterproof nylon or Gore-Tex)
- leather hiking boots
- tennis or walking shoes (while in camp)
- poncho (protection for yourself and your pack)
  
- toiletries (enough for your entire trip)
- sunscreen (SPF 15 or higher)
- flashlight or headlamp
- towelettes
- body towel, face towel (for washing up in camp)
- personal first aid kit
- insect repellent
- one one-quart, wide-mouthed plastic bottles
- water treatment tablets
- sunglasses

### **FIRST AID:**

AOE brings a substantial first aid kit on every trip, but we still recommend that you bring a small personal kit comprised of any medications that you think may need...Below are some suggestions, but obviously your preferences and the advice of your doctor should influence your choices.

- headache, mild pain (ibuprofen, acetaminophen, aspirin)
- upset stomach (Peptobismal, Maalox, Gelusil M or Mylanta; Donnatal for stomach cramps)
- colds, allergies (cough drops, Sudafed)
- diarrhea (Imodium or Lomotil will treat the symptom but not the cause; Ciprofloxacin for bacterial dysentery)
- cuts, bites (Neosporin, Polysporin)

## *Safari Crater Highland 13 Days Package*

### FOOD:

AOE provides three meals a day and hot/cold drinks for breakfast and dinner...The meals include soup, pasta, meat dishes, bread and fruit...If you have any special menu requests, please let us know so that we may accommodate you!..We recommend that you bring some of your favorite snacks too.

### WATER:

. While trekking you will be provided with boiled water.

### *Day 12: Ngare – Lake Manyara N.P.*

*Moshi to Lake Manyara 230 Km 3:00 Hrs*

*Game drive in Lake Manyara 4 hrs*

- Lake Manyara National Park for both morning and afternoon game drives. The park is home to Lion, Hippo, Elephant, Zebra, Buffalo, Giraffe, Baboon, Blue and Vervet monkey, Warthog and more About 350 species of birds have been recorded. You will have picnic lunch before proceed for sunset to Tarangire and stay overnight at Sopa Lodge or Tarangire Safari Lodge (B, L, D)

### *Day 13: Tarangire – Moshi*

*Tarangire to Moshi 200 Km*

*Drive time: 2:30 hrs and game drive on this day: 4 – 6 Hrs*

- After breakfast continue with game viewing in Tarangire National park, a home to Lion, Leopard, Elephant, buffalo, Python, Zebra, Oryx, Impala and more Over 450 species of birds have been observed. You will have hot lunch in your lodge/ camp before the drive takes you back to Moshi.

### *Prices and Condition for the year 2016*

Our choices for accommodation:

- **Category A** is top of the range
- **Category B** is medium range

### *Land Costs Include:*

- All the hotel accommodations mentioned (double occupancy) B&B
- All transportation in Tanzania for those on the regular (official) schedule
- All transport specify to this program
- All meals specify in this program – B, L, D = **B** = Breakfast **L**= Lunch **D** = Dinner **B&B** =Bed and Breakfast
- All park fees for participants and staff
- Car – Toyota Land cruiser Open roof Hatch for Safari

### *Land Costs Do Not Include:*

- Meals and hotels outside the regular itinerary
- Excess-luggage charges and airport taxes
- Personal gear
- International vaccinations (yellow fever required)
- Single-room supplement for hotels
- Medical/Evacuation trip insurance
- Charges incurred as a result of delays beyond the control of Moshi Expedition and Mountaineering
- Tips and gratuities

## *Safari Crater Highland 13 Days Package*

### ***Packing suggestions and additional travel tips***

Assuming that you intend on traveling on safari during your stay in Africa, you should make every effort to pack your belongings into one large waterproof duffel bag or backpack and one 'carry on' style bag for cameras, valuables and day trips. Chances are you will have limitations in your safari vehicle and, in some cases; travel on small aircraft (if part of your itinerary) limits you to 15 kgs / 33 pounds. If you plan on doing a lot of souvenir shopping, you might consider carrying another bag tucked in your suitcase to help judge your limits.

Important - For persons crossing the Atlantic Ocean from North America and connecting in Europe to Africa, International air carriers limit carryon bags to one and checked bags to two per passenger. Persons departing from Europe have weight restrictions on bags as well, varying with the carrier. If you are doing a lot of traveling and need to carry more than the suggested items, keep in mind that you may be required to leave them at the town hotel.

Laundry service in Tanzania is often a bargain but not in the Lodges.

Advice - The customs and culture of East Africa, especially in coastal areas and Zanzibar are conservative. Revealing or very tight clothing should be avoided.

### ***MEN'S CLOTHING (suggestions)***

1 pair of comfortable shoes that would be appropriate for a nice restaurant  
1 pair of sturdy shoes or boots for hiking, preferable waterproof\*  
1 pair of sandals to use when walking to the shower at camps, etc.  
3-4 pair of socks  
1 nicer long slacks for use in restaurants (please note that shorts are not appropriate in Zanzibar Town)  
1-2 pair of long casual slacks  
1-2 pair of shorts  
1-2 belts  
1-2 swimming suits  
3-4 golf/tee shirts  
2 long sleeve casual shirts  
1 dress shirt (tie optional depending on if you think you might visit a top restaurant)  
1 sweater or light jacket  
1 rain poncho  
1-2 hats (VERY IMPORTANT FOR SUN PROTECTION)\*  
1 pair sunglasses\*  
Prescription glasses if used with back-up pair suggested (note: contact lenses are difficult to use on safari due to the high amount of dust.)

### ***WOMEN'S CLOTHING (suggestions)***

1 pair of comfortable shoes that would be appropriate for a nice restaurant  
1 pair of sturdy shoes or boots for hiking\*  
1 pair of sandals to use when walking to the shower at camps, etc.  
3-4 pair of socks  
1-2 pair of panty hose  
1 nicer skirt for use in restaurants (please note that shorts are not appropriate in Zanzibar Town)  
1-2 pair of long casual slacks  
1-2 pair of shorts  
1-2 belts  
1-2 swimming suit  
3-4 casual short sleeve blouses  
2 long sleeve casual blouses  
1 sweater or light jacket  
1 rain poncho  
1-2 hats (VERY IMPORTANT FOR SUN PROTECTION)\*  
1 pair sunglasses\*  
Prescription glasses if used with back-up pair suggested (note: contact lenses are difficult to use on safari due to the high amount of dust.)

## *Safari Crater Highland 13 Days Package*

### **TOILETRIES**

you should bring a tooth brush, tooth paste, razor, shaving cream and other toiletries with you as those available in Africa are expensive and often not of good quality.

Insect repellent with Deet.\*

Sun screen with high level of protection\*

Common drugs such as aspirin, cough drops, Pepto Bismol, etc.

Vitamins that you might normally take

\* these items are very strongly suggested.

If you suffer from motion sickness, don't forget to use your preferred medication - patch or tablets.

### **ACCESSORIES**

some other things you might consider for your trip:

- binoculars
- water bottles
- pens, paper, journal
- a good novel or two
- Zip-Lock type bags to keep the dust and moisture out of stuff and keep your wet swimsuit in
- A couple large plastic trash bags to wrap stuff in should it rain (your bags may travel on racks on top of the vehicle)
- Money belt or similar. The best is a pouch that fits in front inside your shirt or slacks.

### ***Additional packing list for Camping Safaris (on the more basic trips)***

- two or three medium size towels
- soap (in a plastic soap dish for easy travel) & shampoo
- sleeping bag
- Tip - If you are not planning on camping often, you can usually find buyers for sleeping bags and other items if they are in good, clean condition.
- Warm clothing for the evenings (Ngorongoro night time temp. often drops to about 5°C)
- (head) flash-light
- First aid kit
- Rain gear

We can also rent you equipment for a fee

### ***IMPORTANT THINGS TO KNOW (also, see the other travel tips found on the FAQ site)***

You will need visas for entry to Tanzania. Though you can get these in right at the point of entrance, your travel will go smoother if you get them in advance through the respective embassies. (Please check at <http://www.tanzania.go.tz> if you will need VISA or for closest place you can apply VISA you may also download VISA form from this site)

Make a photocopy or list of the following items: Passports (including the page with the visa stamped in them and the pages with photos and data), plane tickets, yellow booklet showing your yellow fever vaccination, list of all medications you might require, listing of all travelers' cheque numbers, list of serial numbers for cameras, etc. Keep this list someplace apart from where you keep these other items.

Keep track of your passport above all. Loss of a passport can destroy your trip and cost considerable money during the time required to replace it.

On your international flight, pack as if the airline might lose your bags. Keep things you will need right away in your carry-on. It seldom happens, and almost always the bags arrives a couple of days later, but this way, if the bags do not arrive with you, you will be able to continue on your safari while the airline finds them.



## *Safari Crater Highland 13 Days Package*

### **WHAT TO DO WHEN YOU'RE BAGS GET LOST AT THE AIRPORT**

We naturally hope you don't lose your bags, but it does happen. If your bags do not show up, do the following:

Report the problem to your air carrier INSIDE THE AIRPORT at the Baggage Claim - before passing the CUSTOMS - and fill out the required paperwork.

Request compensation for your inconvenience (often \$50.00 for emergency purchases and a bag with simple toiletries and a tee shirt)

Ask them when they expect the bag will arrive and tell them where you will be based on your itinerary. LEAVE THE KEYS AND/OR COMBINATIONS WITH THE AIRLINE so they can clear the bags through customs.

Ask the airline to go with you to advise Customs Officer that bags were lost so there will be no problems further in getting your bags cleared when they arrive.

To make it easier please provide this address to the Airline

MEM Tours and Safari LTD  
Station Road Opposite, Nakumatt Supermarket Main Entrance,  
P.o Box 146 – Moshi  
Tel: + 255 27 2754234 / 2750669  
Cellphone: +255 754 482791 / 786 880111  
Att: Mohammed O.Shabhay

Leave your claim form with our Airport representative so that we can collect your bag on your behalf from Airline.

### ***You must bring:***

- **Valid passport (International arrival)**
- **Valid visa - if required (see section pertaining to your trip)**
- **One other picture ID (e.g. driver's license)**
- **Photocopy of passport page to carry in wallet**
- **Air tickets**
- **Expense money**
- **Recommended inoculations**
- **Travel insurance**

### ***Packing Your Duffel Bag***

#### ***Clothing and equipment:***

Please travel light. You will be allowed two separate pieces of luggage on safari: one duffel bag and one day pack. There will be opportunities to do laundry along the way and it is always easier in airports and in camps to

move a lighter bag. In an effort to make life easier for trip members we supply all bedding on our safaris in Africa. The following list is for all trips.

#### ***Luggage***

- 1 duffel bag, internal frame pack or soft suitcase. A duffel bag should be strong and durable, preferably of nylon, with full length zipper and handles. Due to the limited space on the safari vehicles, all your clothing and gear must fit in this bag; no exceptions are allowed. We recommend a minimum duffel of 30' x 14' and a maximum size of 36' x 18'. Remember that 20 kg weight limit applies (Tanzania 15 kg). Hard suitcases are usually scuffed or damaged in transit and are inappropriate.

- 1 small padlock to lock suitcase or duffel.

- 1 day pack; for camera gear, water bottle and personal items needed during the day. Some packs have side pouches which are great for storing water bottles.